

CHEMICAL PEELS

Enzyme Hydropeel, Salicylic Peel, and Jessner Power Peel

What are chemical peels?

Chemical peels are treatments designed to reduce the appearance of irregularities on the skin's surface and reveal a smooth, revitalized texture through regenerating and resurfacing the skin. They remove the top layers of the skin, help to stimulate collagen remodeling, reduce tonal discoloration, improve skin texture and hydration, reduce congestion and improve the overall appearance of the skin.

Various strengths and types of chemical peels are available and a professional skin consultation is necessary to ensure the appropriate peel treatment is selected for your specific skin concerns.



■ What skin conditions would benefit from this treatment?

- Acneic and congested
- Sun damaged
- Ageing
- Hyperpigmented
- Dull and lifeless

■ When are chemical peels not suitable?

Peels should not be performed within 2 weeks of having an injectable dermal fillers, waxing, depilatory creams, electrolysis, laser or IPL in the area to be treated. This treatment is never performed on facial warts or lesions.

Peels are not recommended for clients who :

- Are pregnant or lactating
- Are allergic to aspirin and other salicylates
- Have had surgery or cryosurgery within the last 6 weeks to the treated area
- Have herpes simplex (cold sores)
- Have had a prior reaction to chemical peels or microdermabrasion
- Have had recent radiation treatment for cancer
- Are sunburnt or have had significant sun exposure two days prior to treatment
- Have used Accutane used within the past 6 months

Discontinue prescription retinoids 5 days prior to treatment. Please notify your therapist of any allergies you may have to specific ingredients, or medication you may be taking.

■ Possible side effects of skin needling

- Skin may peel for 5-7 days following the treatment
- A tingling or burning sensation may be felt during the application of the peel
- The skin may appear slightly pink and feel tight immediately following the peel treatment
- Sun protection must be worn and reapplied following the treatment. This is particularly important due to increased sensitivity to UV light in the 1-10 day period following a chemical peel

PRE AND POST CARE ADVICE

■ BEFORE your treatment

Prior to chemical peels, it is advised to prepare the skin with active ingredients to maximise results and ensure a safe and effective treatment. Commence using Synergie Skin Ultimate A, Vitamin B, ReVeal and VaNiSh for a minimum of 14 days prior to treatment.



■ AFTER your treatment

Resume normal skincare regimen (active products) only when all signs of inflammation have totally subsided. This is typically 3-5 days post treatment.

Immediately following your treatment:

- For the first 8 hours, do not apply additional products on skin
- For the first 8 hours, do not expose the skin to water
- Apply Recover Balm or DermaCalm if skin is irritated
- Apply Occlusiderm for severe dryness and shedding, particularly following Jessner Peels.
- Avoid facial waxing for 7 days
- Do not use skin care with "active" ingredients (hydroxy acids, retinoids and L ascorbic acid) for 48-72 hours or until all inflammation subsides
- Do not pick, scratch or abrade the treated area
- Avoid heat or perspiration inducing activities for 12 hours following the treatment
- Avoid UV exposure, saunas, spas or chlorinated pools for 48 hours
- Maintain a full sun protection regimen (with UberZinc and Synergie Minerals)

We recommend cleansing with BioCleanse and applying OccluSiderm or Recover Balm if skin is irritated or shedding (typically around 1-5 days after treatment).

■ Wearing make up post treatment

Avoid using makeup for a minimum of 8 hours after having a chemical peel.

As you can be sensitive in the days following a treatment, opt for high quality mineral makeup to conceal redness and protect the skin from sun damage. After 8 hours, Synergie Minerals makeup products are a great option for sun protection following your treatment as it is specifically formulated with the high concentrations of zinc oxide, titanium oxide and iron oxide to protect the skin from UV damage.

