

Restylane®  
HYALURONIC ACID

AFTERCARE ADVICE

**For further information about Restylane,  
please consult your Cosmetic Practitioner.**

Restylane® is a gel containing hyaluronic acid and lidocaine that is injected by a healthcare professional into or below the skin to smooth facial wrinkles and enhance lips by restoring volume and fullness. Do not inject into blood vessels as this may lead to a lack of blood supply to the skin and ulceration and scarring. Do not use in patients with a known allergy to lidocaine or to amide-type local anaesthetics. Restylane® should not be used in or near sites where there is active skin disease, inflammation or infection, or where a permanent implant has been placed, Do not use in patients with bleeding disorders or in those who are taking thrombolytics (blood thinners) or anticoagulants and caution when using in patients taking other medicines which prolong bleeding times. Use with caution when treating facial areas with limited soft tissue support or cover such as the periorbital area. Treatment benefits are instant, do not affect facial expression and result usually last 6-12 months. Ongoing treatments are needed to maintain best results. After a Restylane® treatment patient may experience some degree of redness, swelling, pain or tenderness, itching and/or bruising which may last a few days. Inflammatory reaction may occur up to two to four weeks after treatment in rare cases. Other rare adverse effects may include allergy, infection, granuloma formation, persistent discoloration at the injection site, and ulceration of the skin. Exposure to excessive sunlight or extreme cold should be avoided until redness or swelling has resolved. Use with caution before or after laser treatment or chemical peel. Restylane has not been tested in pregnant or breastfeeding women.

Galderma Australia Pty Ltd, Suite 4, 13B Narabang Way, Belrose NSW 2085. Phone: 1800 144 944. ABN 12 003 976 930. Distributed in NZ by: Healthcare Logistics, 58 Richard Pearse Drive, Airport Oaks, Mangere 2022, NZ. Restylane and Galderma are trademarks owned by Galderma S.A. RES17-04-0136(1). TAPS approval: NA11552 December 2019. AES0090.

Code: PMAU0285.

YOUR TREATMENT WITH  
*Restylane®*



 GALDERMA

PART OF THE GALDERMA  
AESTHETICS COLLECTION

 GALDERMA

# Restylane Treatment

## AND AFTERCARE INFORMATION

Immediately after treatment with Restylane, there may be redness, swelling or tenderness in the treated area. These reactions are often associated with injections and usually resolve in a few days. The initial swelling after a lip treatment may last longer. If symptoms persist or other reactions occur please contact your Cosmetic Practitioner.

Please follow the after treatment advice recommended by your Cosmetic Practitioner.

### COOL

- Apply a cool compress to the treated area for 10 minutes once or twice on the day of treatment (do not apply ice directly to your skin)
- Avoid strenuous exercise for 24 hours
- Do not expose the area to intense heat (e.g. solarium, sauna or excessive sun exposure)

### CALM

- Avoid pressure on treated areas for the first few nights (i.e. sleep on back if possible)
- Ask your Cosmetic Practitioner about appropriate pain relief if needed

### CLEAR

- Avoid alcohol for 24 hours
- Do not use topical AHAs, Retinols/Vitamin C therapy or oil based make-up for 24 hours
- Avoid facials, facial waxing, glycolic or AHA peels, IPL and laser or energy based treatments and microdermabrasion for two weeks after treatment. Please check with your Cosmetic Practitioner before undergoing other facial treatments within this time
- Do not massage the treated area unless instructed by your Cosmetic Practitioner
- There is a small chance that a treatment may induce an outbreak of facial cold sores in patients with a previous history

# Treatment Duration

## AND FOLLOW-UP

- Restylane products are long lasting but not permanent
- Restylane treatments can last 6-12 months depending on the area being treated, the amount used and the Restylane product which was selected for you. Retreatments after this time are required to maintain optimal results
- A touch up treatment within 2 to 4 weeks after the initial treatment with Restylane may be necessary to achieve an optimal correction

### CLINIC DETAILS

Clinic name: .....

Clinic phone number: .....

### FOLLOW-UP APPOINTMENT

Date: .....

Time: .....

Cosmetic Practitioner name:  
.....

### NEXT DYSPORT TREATMENT

Date: .....

Time: .....

Comments: .....

.....

.....