



Before and after your CO2 lesion removal treatment we recommend you adhere to the following recommendations. This will ensure the results of your treatment are optimal and help avoid unwanted side effects.

It's important to remember that lesions and skin tags can recur, particularly in those who are prone. Results of treatment can last 12 months to several years or may be permanent. If the lesion recurs within the first 6 months of treatment we will retreat the area at no cost to you.

POST TREATMENT CARE

- It is important that you keep any wounds clean and dry. Showering is okay, but do not soak in a bath, go swimming, do vigorous exercise, or apply make-up over the wounds for 7 days.
- Do not pick or try to remove scabs. Apply cream liberally and often to soften and avoid drying the wound. If the wound scabs, it is too dry and may scar. This may take longer on the body than the face as it heals a little slower.
- Apply a thick emollient cream (e.g. QV intensive ointment) 8-20 times daily to keep the wounds moist for 1-2 weeks. A moist wound heals, a dry wound scabs and scars. Remember to always wash your hands before applying.
- For best results, after a week you may apply a thin layer of silicone gel (e.g. Strataderm – you can get this from most pharmacies) daily to hold in moisture and assist with pigmentation and flattening of the scar. Continue this for 3 months.
- If you have wounds in areas that rub (e.g. bra line), you may place a band-aid over the wound to protect it. However, it's best to keep wound in the open air if able.
- Keep any wounds or early scars protected from the sun for the first 6 months by either a layer of clothing, a hat, and 50+ sunscreen.
- It is normal to have a pink scar in the early weeks to months depending on location, depth, and skin type. This will gradually fade and will be assisted by sun avoidance.

POSSIBLE MINOR SIDE EFFECTS

- Redness in and around the treatment area, concavity in the skin where the lesion was removed, clear exodus, pin point bleeding.
- If you are concerned about increasing redness, heat, pain, or pus coming from a wound, please contact the clinic.
- It is not uncommon to see slightly raised scarring on areas such as the chest and back. If you are concerned about raising or growth of a scar please contact the clinic.
- If your mole appears as though it's returning, please contact the clinic. We try to only remove as much as we feel necessary to allow for the best scar, but occasionally do see lesions return. This generally happens early and can be retreated at no further cost to you if booked within 6 months of the initial treatment.

If you are unwell or concerned about any aspect of your treatment, please don't hesitate to contact the clinic so we may advise and support you.